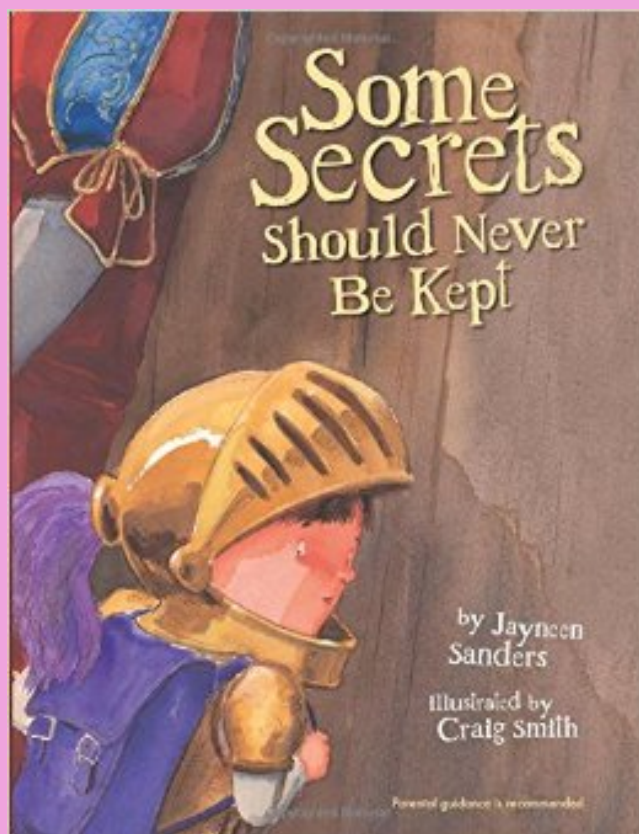


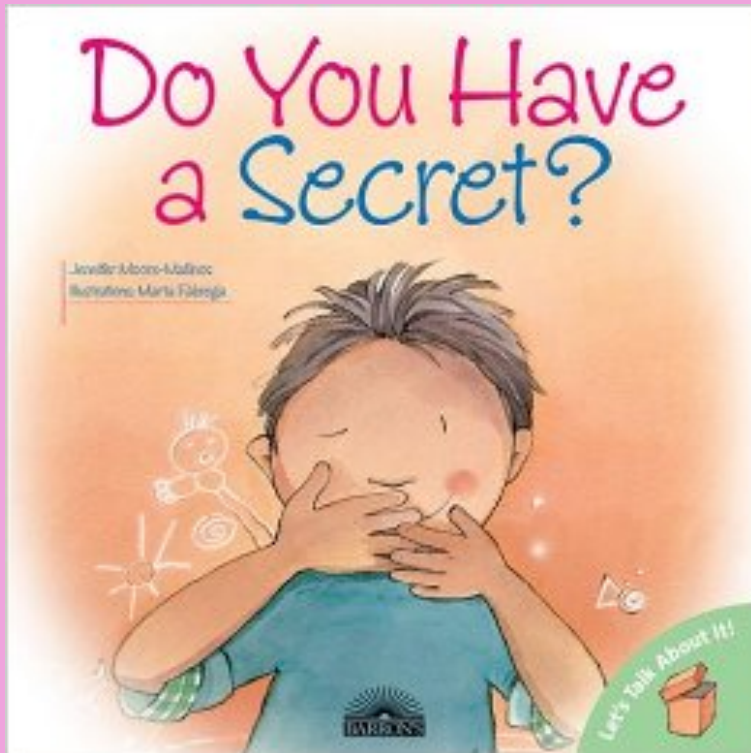
Child Abuse
Resources for
Children

Book: Some Secrets Should Never be Kept



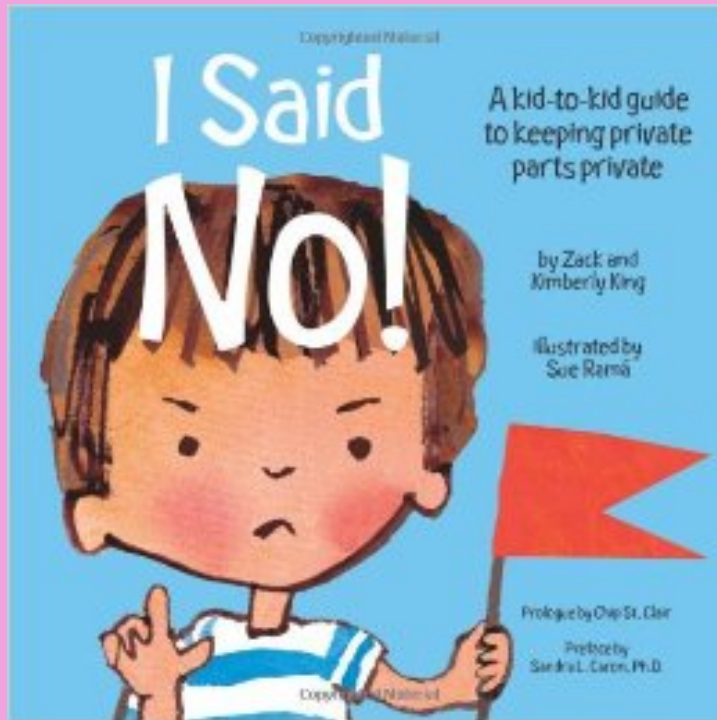
- By Jayneen Sanders, Illustrated by Craig Smith
- Age: 3-12 years old
- Some Secrets Should Never Be Kept is a beautifully illustrated picture book that sensitively broaches the subject of keeping our children safe from inappropriate touch. We teach water safety and road safety but how do we teach 'body safety' to young children in a way that is neither frightening nor confronting? This book is an invaluable tool for parents, caregivers, teachers and health professionals. The comprehensive notes to the reader and discussion questions at the back of the book support both the reader and the child when discussing the story. (Amazon)

Book: Do You Have a Secret?



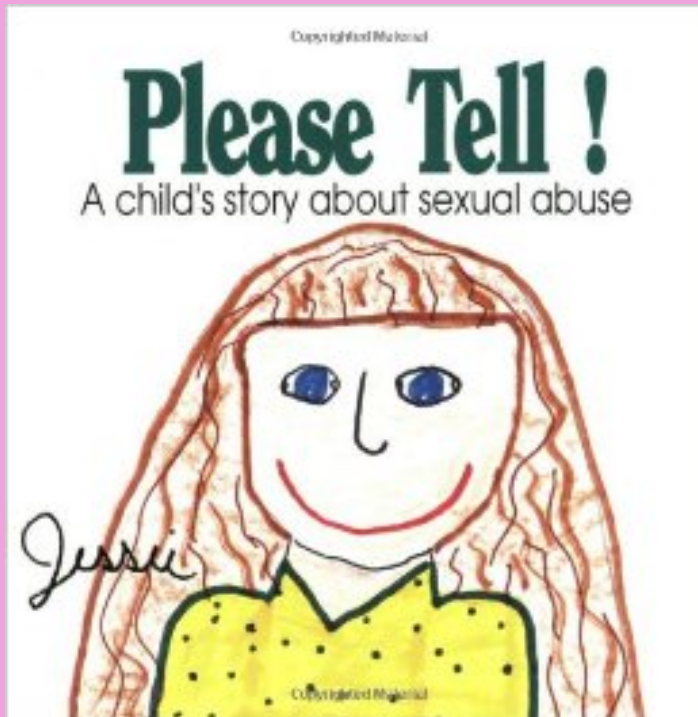
- By Jennifer Moore-Mallinos, Illustrated by Marta Fabrega
- Age: 4-6 years old
- This book helps kids distinguish between good and bad secrets. Even very young children have concerns and anxieties, and *Tell Somebody Books* are written and illustrated especially for them. Parents are advised to read these books aloud while their preschooler listens and looks at illustrations of the boys and girls in each story. Many children in early grades will be able to read the stories for themselves. *Tell Somebody Books* encourage children to explore their feelings, and then to speak openly about things that trouble them. ([Amazon](#))

Book: I Said No!



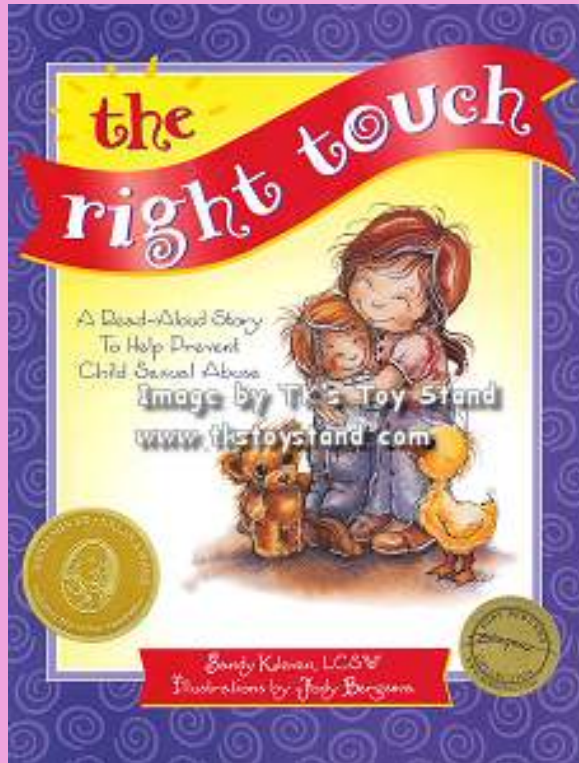
- By Kimberly King, Zack King, Illustrated by Sue Rama
- Age: 4+
- Written from a kid's point of view, I Said No! makes this task a lot easier. To help Zack cope with a real-life experience he had with a friend, he and his mom wrote a book to help prepare other kids to deal with a range of problematic situations. I Said No! uses kid-friendly language and illustrations to help parents and concerned adults give kids guidance they can understand, practice and use. Using a simple, direct, decidedly non-icky approach that doesn't dumb down the issues involved, as well as an easy-to-use system to help kids rehearse and remember appropriate responses to help keep them safe. ([Amazon](#))

Book: Please Tell! A child's story about sexual abuse



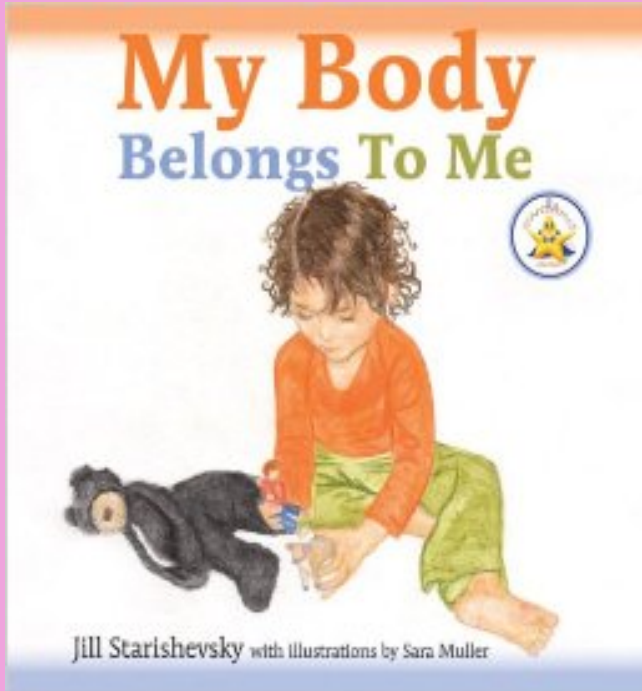
- By Jessie
- Age: 4+
- Written and illustrated by a young girl who was sexually molested by a family member, this book reaches out to other children in a way that no adult can. This book is an excellent tool for therapists, counselors, child protection workers, teachers, and parents dealing with children affected by sexual abuse. Jessie's story adds a sense of hope for what should be, and the knowledge that the child protection system can work for children. Simple, direct, and from the heart, Jessie gives children the permission and the courage to deal with sexual abuse. ([Amazon](#))

Book: The right touch



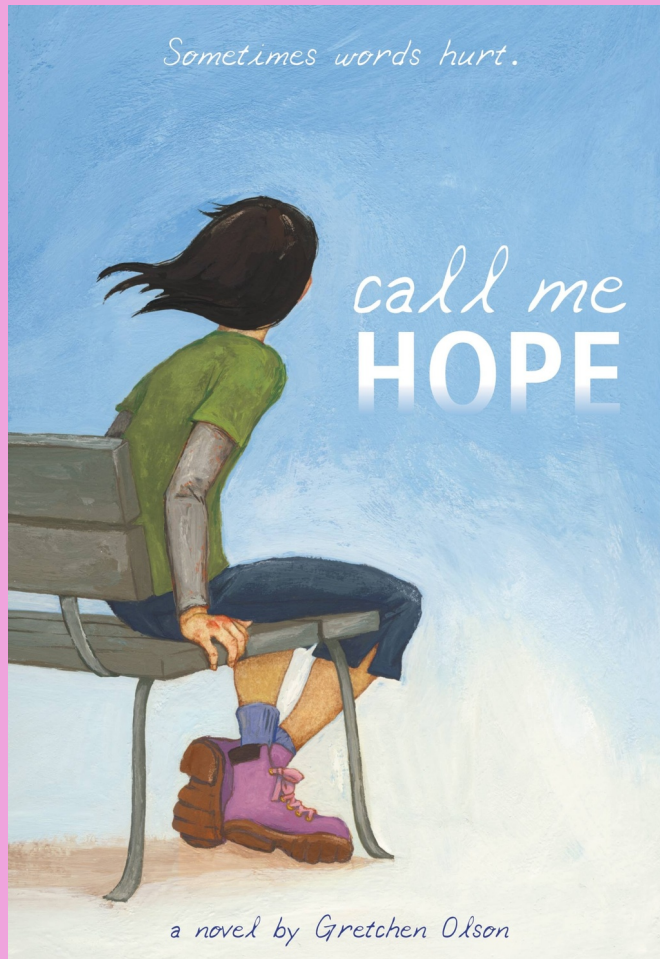
- By Sandy Kleven, Illustrated Jody Bergsma
- Age: 4+
- *The Right Touch* reaches beyond the usual scope of a children's picture book. It is a parenting book that introduces a very difficult topic--the sexual abuse of young children. This gentle, thoughtful story can be read aloud to a child by any trusted caregiver. In the story, young Jimmy's mom explains the difference between touches that are positive and touches that are secret, deceptive or forced. She tells him how to resist inappropriate touching, affirming that abuse is not the child's fault. ([Amazon](#))

Book: My Body Belongs To Me



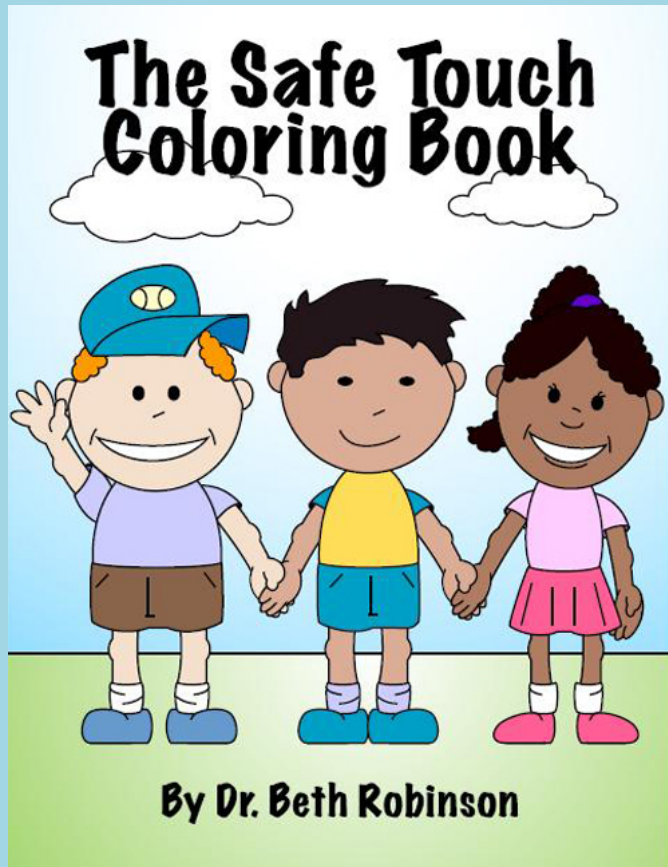
- By Jill Starishevsky
- Age: 4+
- In a non-threatening, engaging manner, this guide teaches kids that when it comes to their body, there are some parts that are for “no one else to see” and empowers them to tell a parent or teacher if someone touches them inappropriately. Telling the story of a gender-neutral child who is inappropriately touched by an uncle’s friend, this tale delivers a powerful moral when the youngster reveals the offender and the parents praise the child’s bravery. With inspirational rhyming and beautiful illustrations, this is a compelling and uplifting message of what is right and wrong. ([Amazon](#))

Book: Call Me Hope



- By Gretchen Olson
- Age: 8-12 years old
- As 11-year-old Hope struggles to live under the pressures of her verbally abusive mother, she's tempted to run away but instead chooses resilience. She creates a secret safe haven and an innovative point system (giving herself points for every bad thing her mother says to her); finds comfort and inspiration from *Anne Frank, The Diary of a Young Girl*; and gains a support team. Ultimately, Hope able to confront her mother about her hurtful words and help her begin to change. This is an engaging, satisfying novel, about an important and not widely understood issue, that will touch and inspire readers. ([Amazon](#))

Supplementary Text: Coloring Book



- By Dr. Beth Robinson
- The Safe Touch Coloring Book provides an easy way for adults to teach children how to avoid being a victim of sexual abuse. The coloring book is designed for a caring adult to read to children while they color the pages. Each time the child begins to color is another opportunity to read the entire coloring book to emphasize sexual safety in a non-threatening way. ([Amazon](#))

Supplementary Text: Poem

There are secrets in my house

Ssh! Must be quiet as a mouse
cause there are secrets at my house.
laughing faces, the smiles you see
are really only masks to me.
My mommy cries late at night
her and Daddy had an awful fight
But I'm as quiet as a mouse.
Cause there are secrets at my house.
Sissy's face is black and blue
Bobby's arm is broke in two
But ssh! be quiet as a mouse.
Cause there are secrets at my house.
I try to keep the secrets straight
like Bobby fell off his bike by the gate
Oh, and Sissy walked into a door
and there are many, many more.
So all the secrets I can't tell
make my life a living hell
But ssh! be quiet as a mouse.
Cause there are secrets at my house.

~Author Unknown~

- Poem author is Unknown
- Poem about a child who is a survivor of child abuse.
- <http://allpoetry.com/poem/5365733-there-are-secrets-in-my-house-by-bossy-gurl-09>

Supplementary Text: Animated Video



- Made By: Josh Franer
- It is a animated short film on the book My Body Belongs to Me by Jill Starishevsky
- <https://www.youtube.com/watch?v=a-5mdt9YN6I>